

**Subject:** House of Sufism (KH) June 2014 Brunch Update

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# Brunch Update

Issue 59- June 2014

**House of Sufism Charity Initiative**

*Addressing the most pressing needs of our community*



## HAPPENINGS

House of Sufism volunteers were active serving others throughout the month of May. On weekends, volunteers visited homeless shelters, sharing not only homecooked meals but also good cheer, attention, and love. Every day of the week, volunteers delivered donated bread and baked goods to food pantries throughout the Boston area.

This edition of Brunch Update highlights some of the main dishes that our volunteers prepared by sharing photos and brief descriptions of the food. We also quote some of the reactions of friends staying at the shelters, who seemed to unanimously enjoy and welcome our visits. We hope these photos and quotes inspire and reenergize your enthusiasm for service in the month ahead!





On May 4th, House of Sufism volunteers served a main dish of macaroni with chicken and broccoli. The side dishes, as always, included a fresh salad, scrambled eggs, baked goods, coffee, and juice. This week, our regular volunteers were joined by students from the Massachusetts College of Pharmacy and Health Sciences.

**One friend in the South End remarked:**

"Your programmatic model is effective at truly reaching and helping the homeless because you offer a long-term relationship that focuses on the whole life context. For the first time in a long time, I felt a part of a community! You work with each of us as a whole from inside to out."





On May 10th, House of Sufism volunteers bought, prepared, and served dinner at Rosie's Place, a shelter for women and children in Boston.



Upon seeing all the bread our volunteers brought to donate, one employee at Rosie's Place remarked, "If Kip Tiernan [the founder of Rosie's Place] were here to see this amount of bread, he would have a smile on his



face.”



On May 11th, Mohammad and Micky prepared a homemade tomato sauce and added much of it to a tray of stewed broccoli, carrots, peppers, and other steamed vegetables. They then used the rest of the tomato sauce to make a lively pot of seasoned chicken meatballs, served over pasta.

**After trying the meatballs,  
one friend responded:**

“Are you going to cook at my wedding,  
too? You can be my best man!”



On May 18th, Karen came all the way from Connecticut to prepare and serve her roast chicken, which was accompanied by rice with orzo, and peas.

"The food here is superior" a friend said.  
"Which Sunday have you liked the most?" asked a House of Sufism volunteer.  
"ALL OF THEM!" she replied, pounding on the dining table.





May 25th was a busy day for House of Sufism volunteers, who volunteered both at our regular Sunday Brunch at a shelter in the South End, as well as at St. Francis House, which was understaffed due to the long weekend. The main dish at the South End consisted of cold cut sandwiches...





with veggie soup...



... while St. Francis House served up hamburgers and good fun.

*"Neither snow, nor rain , nor archnemeses will keep you from delivering your services to us. You are amazing volunteers! Fox should cover you."*

- Quote from a friend at a shelter



## HOW TO GET INVOLVED

1. Volunteer! Sunday Brunch is a time commitment of only two hours: 2 - 4 p.m. Help us cook and clean or just spend time with our friends in need! Also, we need volunteers throughout the week to pick up donations from bakeries and deliver them to food pantries the next day.

2. Monetary donations: If you would like to make a contribution to House of Sufism Charity Initiative, you can write a check (payable to KN), use any credit card, or wire money through PayPal.

3. In-kind donations: We are always in need for milk, eggs, fruit, plastic bags, etc. for our Sunday Brunch. We also accept donations of items like household goods and furniture.

All donations are tax-deductible.

[Donate](#)



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