Subject: Sufi Service Committee of Boston January 2016 Brunch Update From: "Sufi Service Committee of Boston I 84 Pembroke Street I Boston, MA 02118 " <sufiserviceboston@gmail.com> Date: 1/1/2016 10:18 AM To: <wbumpus62@comcast.net>

# Brunch Update Issue 78 - January 2016

Sufi Service Committee of Boston

Addressing the most pressing needs of our community



Thanksgiving at Boston House of Sufism.

# Happenings

Special note: Please help us in providing holiday cheer to the less fortunate by donating 25 gift cards from <u>Target</u>.

We would like to send a holiday message of Peace, Shalom and Salam to all of our readers.

November and December's Sunday Brunch services were especially filled with liveliness and vitality. Their fervent spirit, directly embodied the words of Samuel Ullman on youth:

"Nobody grows old merely by living a number of years. We grow old by deserting our ideas. Years may wrinkle the skin, but to give up enthusiasm wrinkles the soul."

The Sufi Service Committee is proud to have youth represented at all our volunteer events both in its outer and inner forms. The outer form of youth is manifested in smiles and humor, while the inner form is sheltered in perseverance, zest, and enthusiasm.



# With the addition of new

volunteers who had come to join our Sufi Service family, the youthful energy was particularly empowering. The joy and energetic collaboration of these young people affected everyone- including the old, the sick, and the lonely, changing the mood and multiplying the measure of smiles and laughter. Such an atmosphere is like medicine for the soul, evoking yet another axiom- this time by James A. Baldwin- on how "enthusiasm in our daily work lightens effort and turns even labor into pleasant tasks." When we cook, serve food, wash dishes and transport supplies, all of this is done with a true joy in each other's presence, and because we have been able to impact others positively with our service. This reward energizes us, giving us extraordinary joy from ordinary tasks.



Reflections from the Egg Department



Financial info 2015



Service summary, reaction, and

The SSC food service program ended the year more or less as it began of course, this is not necessarily a bad thing! We continue to serve brunch at a Pine Street Inn residence once a week... As an employee who deals with large numbers on a regular basis, I can see the beauty in accounting. Many would like to avoid such financial tasks...

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### resolutions

The year 2015 was an eventful one for Sufi Service Committee's charity initiative. For the past 12 months we served food at two of Boston's homeless shelters...

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My most precious volunteering experience

My most precious volunteering experience, of the nineteen years I've so far lived, is working with the Sufi Service Committee (SSC). From the Sufi Service Committee of Boston January 2016 Brunch Update

very start, I felt welcomed and touched...

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# HOW TO GET INVOLVED



Hien and Alonso serve stuffing and turkey breast.

Volunteers of all background are welcome to get involved in our charity activities:

- $\cdot$  Preparing and serving meals
- $\cdot$  Making food and clothes deliveries
- $\boldsymbol{\cdot}$  Visiting hospitals
- Administrative assistance
- Financial contributions
- $\cdot$  Food and clothes donations
- $\cdot$  \$25 gift cards from food shops in the vicinity

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